

Chocolate PB Avocado Smoothie



SERVINGS: 1

PREP TIME: 5 MINUTES

COOKING TIME: 0 MINUTES

INGREDIENTS

- 1 medium [118 g] Banana
- 0.5 avocado [68 g] Avocado
- 1 tbsp [6 g] Cocoa Powder
- 1 cup [240 ml] Organic Unsweetened Almond Milk
- 1 tsp [7.1 g] Honey
- 1 tablespoon [16 g] Peanut Butter
- 0.5 scoop [12 g] Organic Vegan Protein Powder

DIRECTIONS

1. Add all the ingredients into a high speed blender and enjoy!

NUTRITION INFO

Calories : 456

Fat : 24 g

Carbs : 47.98 g

Protein : 17.32 g

Fiber : 11.65 g