

# Hot Chocolate Protein, Nuts and Fruit Breakfast



SERVINGS: 1

PREP TIME: 5 MINUTES

COOKING TIME: 0 MINUTES

## INGREDIENTS

- 30 g Chocolate Protein Powder
- 1 cup [240 ml] Organic Unsweetened Almond Milk
- 4 tbsp [34 g] Dry Roasted Mixed Nuts
- 0.5 cup [72.5 g] Blueberries
- 0.5 cup [76 g] Strawberries (*Cut in half*)

## DIRECTIONS

1. Warm almond milk and mix in protein power with whisk until desired likeness.
2. Measure nuts and prep fruit.
3. Serve protein drink warm and enjoy the extra time you have in the morning.

## NUTRITION INFO

Calories : 447

Fat : 23.74 g

Carbs : 24.44 g

Protein : 31.85 g

Fiber : 8.5 g